

ASSOCIAÇÃO MANANCIAL DO AMOR

AMA



# ASSOCIAÇÃO MANANCIAL DO AMOR

Love can only be demonstrated through gestures and actions because it is a living feeling that starts from the heart ❤️ AMA - Give for Love!

Help us to help!

[www.manancialdoamor.com](http://www.manancialdoamor.com)



ANGOLA





## ASSOCIATION SOURCE OF LOVE

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ANGOLA

# JOIN US

ASSOCIAÇÃO MANANCIAL DO AMOR



*Maria Emilia de Carvalho*

Founder of  
Since 2013



and her daughter

*Maria Grace*



"All that we do, with effort and dedication, working hard with our hands and with the collaboration of our partners, is simply to demonstrate and share Love, which we believe is the bond of perfection."

*Maria Emilia de Carvalho*

Love IS our strenght.



 **ANGOLA**

# ABOUT US

## OUR HISTORY

*The Associação Manancial do Angola - AMA, is a non-profit, philanthropic social solidarity association, with legal personality since 2023, but which has been carrying out solidarity actions since 2013, through its founder, Maria Emília de Carvalho, who over the years has given sustainability to the social projects described below, thanks to the income from the family micro-enterprise (ice-cream parlour, bakery, pastry shop)*

From a humanitarian point of view rooted in love of neighbour, our activities have been developed through social cooperation partnerships with local institutions such as hospitals, prisons and churches.



# CREATION OF THE ASSOCIATION

Throughout history, evangelisation and knowledge of the Word of God have been linked to constant attention to the needs of others, to concrete gestures of love that can be demonstrated in various ways, for example by sharing bread.



In addition to other precautions, a child needs to have a regular and healthy diet if he is to grow up strong. The preaching of the Gospel took on a sustainable form, consolidating the spiritual part with social projects in favour of the most needy. In this way, the Church became an important partner of the government, both in the formation of man and in the protection of human life. It is within this partnership that our Association's work in co-operation with the Church and State institutions is framed.



A.M.A Hea Office

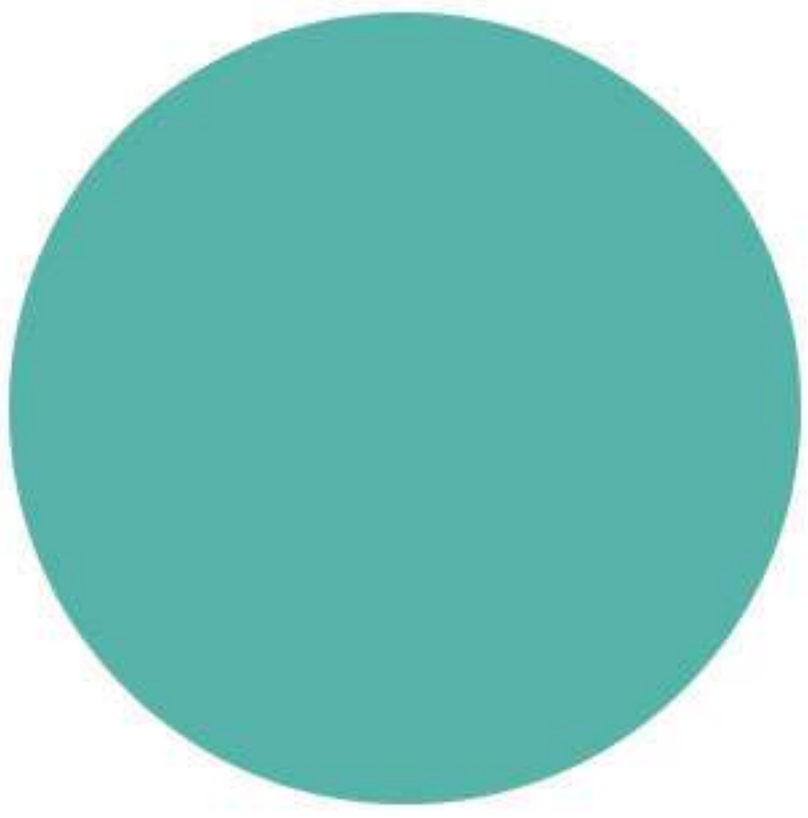


## ABOUT US MISSION

We are committed to transmitting love through humble gestures that help alleviate the suffering of the most fragile and needy, children, adults and the sick, in an unconditional way, in partnership with a number of institutions and churches.

Through these simple gestures of love, we bring smiles to prisoners in jails, patients in hospitals and make children happy in vulnerable communities.





We carry out humanitarian activities as part of our mission through the following projects:

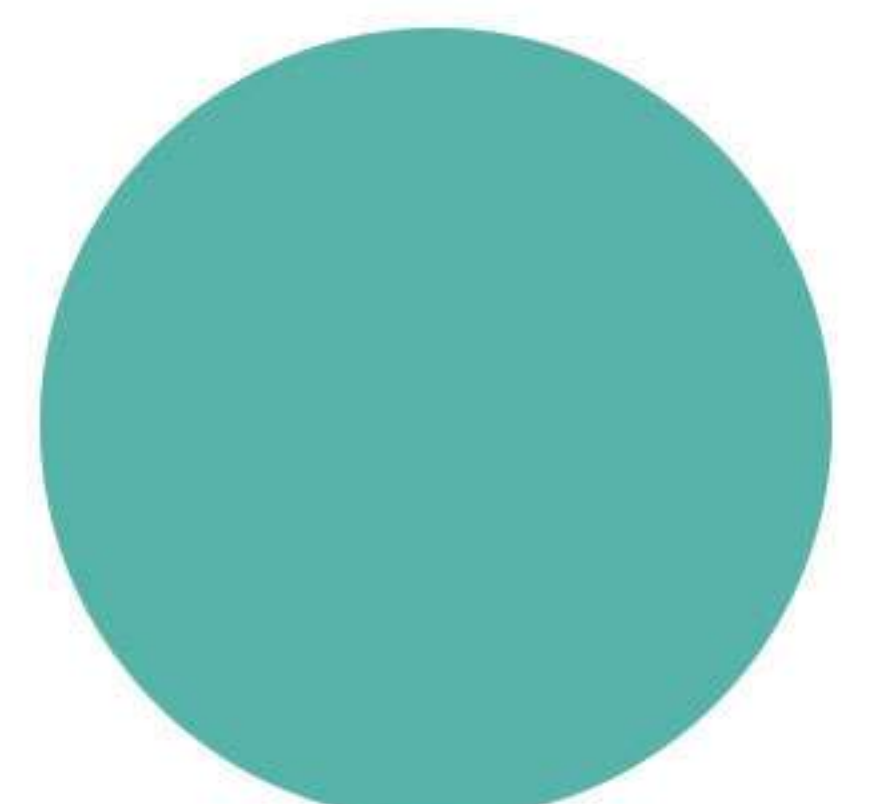
**1. CHURCH**  
**CHILDREN'S SUNDAY**  
**MEAL PROJECT**  
**(20.000 CHILDREN)**

**4. HOSPITAL**  
**HOSPITAL MEAL**  
**PROJECT**  
**(300 PATIENTS)**

**SOURCE OF**  
**LOVE**

**2. PRISON**  
**PRISON MEAL**  
**PROJECT**  
**(350 INMATES)**

**3. MISSIONARY**  
**PROJECT**  
**MISSIONARY PROJECT**  
**PROVIDING MEANS OF**  
**TRANSPORT FOR**  
**MISSIONARIES**  
**IN 6 PROVINCES**





## CHILDREN'S MEAL PROJECT

In 2013, the Children's Meal Project began timidly in a church on the outskirts of Luanda. The project is being developed in co-operation with the church as part of a social partnership, and is aimed at helping children in Luanda's peripheral communities with a high poverty rate.

Within this vision, our mission with the Church consists of humanitarian support, which is offered in co-operation with the Church's social sector, with which we have made a commitment to donate bread, milk and juice every Sunday to the children of the community integrated into the Church, thus enabling them to have a glass of milk and bread every Sunday before the start of religious activities.

The initiative for the project stems from the fact that there are many families living in difficult conditions on the outskirts of Luanda. Due to the various difficulties they face on a daily basis, many are forced to frequently turn to the Church for help.





During these years, the effects of our small co-operation have been beneficial for the children of the communities on the social humanitarian side. Due to the increase in social difficulties, the number of children tends to grow considerably, with the project currently benefiting around 20,000 children from 30 centres in outlying communities.

We would love to continue to show solidarity with these children, but we need your help, because due to the difficult financial situation we are experiencing as a result of the country's social and economic reality, we are finding it difficult to continue to sustain the project. We therefore appeal for solidarity from people of good faith who would like to make a small but valuable contribution to this project, through a donation that can be periodic, so that we can continue to make these children happy.



## HOSPITAL MEALS PROJECT

The Hospital Meals Project began in 2019, shortly after the start of Covid-19 in Angola.

Our cooperation is implemented through an existing Social Cooperation Protocol with the Haemodialysis Centre - PLURIBUS AFRICA of the Américo Boa Vida Hospital, Social Assistance sector.

This consists of an indefinite social cooperation agreement in which we make a social commitment to donate snacks every week to around 300 patients undergoing haemodialysis treatment at that hospital. At Christmas time, we make a special snack kit to celebrate family day together. Due to the difficult social situation, many patients are abandoned by their families during the treatment process, so the weekly snack becomes an important help. With your donation, we'll be able to buy milk, juice, bread, yoghurt, fruit and other basic necessities for the neediest patients.



Through this humble gesture, the aim of the protocol is to show solidarity with the patients in order to alleviate the suffering of the most vulnerable. The snack is distributed after treatment with the aim of preventing patients from having an empty stomach when they return home, due to the various medications they have to take throughout the day.

This gesture has been an asset for the patients who, in addition to their illness, face various difficult situations. However, due to the difficult financial situation we are experiencing after the long period of the pandemic, we are appealing for solidarity from people of good faith, who would like to make a small but valuable contribution to this project, through a donation that can be periodic, in order to help us continue to help patients in need.

By donating you will help us to sustain the project, increase life expectancy and alleviate the suffering of our neighbours.



## PRISON MEALS PROJECT

Nothing much is needed to make someone happy, to alleviate the inner suffering of those who find themselves in that condition for one reason or another. With a small gesture of love, we can change a person's inner condition and offer a smile to those who thought they could no longer smile.

Testimonies from the inmates, as well as from the institution's management, show that over the years the effects of our small co-operation have been beneficial on the social humanitarian side.



Under a co-operation agreement with the prison services, in order to show our affection for the inmates and their small children, this project began in 2016, with the aim of providing daily bread every day of the week for breakfast for the inmates and their small children, as well as other food items.

During the Christmas season, we celebrate a special lunch with them or offer them Christmas kits to celebrate Christmas, making them feel like family, thus conveying our affection for the children in particular.



But regrettably, due to the difficult financial situation we are experiencing after a long period of pandemic, we are appealing for solidarity from people of good faith who would like to make a small but valuable contribution to this project, through a donation, which can be periodic, in order to help us sustain the project, thus demonstrating your and our love for our neighbours.

*By making a donation, we will be able to buy milk, juice, bread, yoghurt, biscuits, toys and nappies for the children.*

Help Us, Help Our Neighbour!





# MISSIONARY PROJECT

The activities of the Missionaries consist mainly of proclaiming the word of God, often in remote areas. This fundamental mission is accompanied by humanitarian actions of solidarity in favour of the most fragile and needy.

It is within this principle that our cooperation with the missionaries began in 2017, with the aim of supporting them during their field missions in remote areas by donating six motorbikes to help them travel from one community to another in their efforts to proclaim the word of God and provide humanitarian aid, bringing medicines and basic foodstuffs to sick and elderly people without assistance.

These motorbikes have been allocated to missionaries in the following provinces:  
***Huambo, Cunene, Kwanza Norte, Malange, Caxito and Cuando-Cubango.***

There are many needs in the mission fields, and we need help to continue helping the missionaries to save lives in remote areas.



# ANGOLA



It will be possible for us to continue developing our projects, saving lives and giving hope to those in needs with your help.

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✉ associacao.ama7@gmail.com

**Facebook:** Associação Manancial do Amor

**Instagram:** associacao.ama7

**Youtube:** @associacao.ama7

Please send your donation to the following bank accounts of the Associação Manancial do Amor

## BANK ACCOUNT DETAILS

Banco Millenium Atlântico

Conta USD Nº 30811217412.001

NIB: 0055.0000.0811.2174.1213.3

IBAN: AO06.0055.0000.0811.2174.1213.3

Conta EUR Nº 30811217412.002

NIB: 0055.0000.0811.2174.1223.0

IBAN: AO06.0055.0000.0811.2174.1223.0

Conta AKZ Nº 30811217410.001

NIB: 0055.0000.0811.2174.1019.3

IBAN: AO06.0055.0000.0811.2174. 1019.3

## JOIN US:)

HELP US TO HELP

ASSOCIAÇÃO MANANCIAL DO AMOR  
**AMA**

